

YOUR HOME, OUR HEART SINCE 1980



Summer of Love!

The Kindness and Generosity from our Supporters provides help for families in need.



Hospice Hole-in-One-Julia Quinlan joined by (l-r) Glenn Lewis of Embarq, Joe Keslo, Golf Outing Co-Chair, Suzanne Rosen of United Way, Scott Pruden, Golf Pro, Farmstead G&CC, Mike O'Brien, and Terry Thompson, Golf Outing Co-Chair and President of Sussex Bank. All are very happy and proud to be part of the Sussex Bank Charities annual giving.

A Great Round for Hospice-Lakeland Bank and the Sussex County Golf Classic have been raising money to benefit organizations such as Karen Ann Quinlan Memorial Foundation for 27 years. This year was no exception with a full crowd, tons of prizes, good food, all at the Newton Country Club. Pictured L to R, Cecelia Clayton, Julia Quinlan, & Ray Cordts, Chair.



Jailbreak Clambake is a break for Hospice-Lt. Ed and PBA Local 378 threw a clam eating festival to raise money for Hospice, in spite of Hurricane Hannah. Over 250 attendees enjoyed clams and two great bands. Each year the event is held at the Sussex Co. Fairgrounds.



Summer "Wine" down at The Friend's of Hospice's annual Wine & Cheese Festival, held at the Waterwheel Farm in Fredon. Burke's supplied the wine and Friends of Hospice prepared the other goodies...all to benefit Hospice.



Busy Hands and Comforting hearts-The Christ Community Church & Jewish Center of Sussex County made and donated 160 Comfort Pillows to the Karen Ann Quinlan Hospice for distribution to hospice patients.

A classic day at the Village-(l-r) DJs Ray and Ray (Cordts) join Debbie Decker; Lafayette Village Events Coordinator, and Jennifer Smith of Hospice, along with the classic car owners to raise money for hospice.



Hospice shreds 4 tons- SK Paper Shred recycled 128 tips into the truck with each container holding about 175 to 200 lbs- with proceeds going to hospice.



Rotary gives to Hospice The Hampton Rotary and their players once again help raise money for Hospice at their annual golf outing held at Newton Country Club.



The real winner was Karen Ann Quinlan Hospice The Wallkill Ladies Golf Association's annual tournament, was held August 19th at the Wallkill Golf Club in Franklin, NJ. and for two years in a row hospice has been the beneficiary of the funds raised. Pictured on the first tee at Wallkill GC L to R, Julia Quinlan and Daphne Gibbs, Chair of the golf outing.

Saturday, December 13th. Two great shows 2:00 & 7:00



Don't miss this new and exciting Concert filled with festive Holiday favorites!

This season's performance will be held at the new state of the art Performance Art Center located on the grounds of Sussex County Community College, Newton NJ. Tickets are available at the PAC box office (973) 300-3171 or visit the college's website and order on-line: www.sussex.edu





We are entering the “gotta go” part of the year. So many are rushing around trying to get so much done – gotta go, gotta move, gotta get, gotta do. Schools are back in session, sports and all activities are now in full swing, not a minute of the day can be wasted – there are early morning activities, after school, after work, evenings. Even mother nature is giving it her all – soon the landscape will be bursting with deep, rich colors, the sun is shining just a little bit differently this time of year, the sky and the clouds are sharper, the air has a crispness that speaks of falling leaves. This is the last hurrah, a great blast of energy, a vibrancy that puts the lazy, hazy days of summer behind us and inspires movement – hence the “gotta ...” attitude some begin to exhibit – the busy, busy, busy, flurry that becomes their life.

There are those who question the relevance of all this “busyness,” insisting that in being so busy the true meaning and purpose of life is lost. “They” say that in the “busy” we forget to pay attention to what is important. “They” say that life is meant to be savored and time should be enjoyed. “They” say that those who rush around, who are in the “gotta” mode are not doing life “right.” “They” say that we all have to “*s l o w d o w n*” and “stop and smell the roses” (obviously not noticing that the roses are done now but “stop and smell the mums” just doesn’t have the same effect!)

Poets throughout the ages have extolled the virtues of there being a “time for everything....,” and so there is. For those who are so busy – this is their time to be such. There can be joy in the activities, there is energy that comes from doing and it doesn’t diminish life at all – it is their *celebration* of life. In fact these “gotta do” people get a heck of a lot done for those who aren’t so inclined, enrich the lives of all and deserve a bit of thanks! So, for the busy ones – you “**gotta be**” who you are: take a deep breath and keep going – this is the time of your life – enjoy every moment!

This year at the annual Collaboration Conference by the New Jersey Hospice & Palliative Care Organization, staff from Karen Ann Quinlan Hospice will be making presentations. Dr. Roxanne Debski-Seigel will be speaking on Marketing and the Media, Diana Sebzda, MA, LAC, CT on “Children’s’ Art Bereavement Program – The Masks We Wear” and Mary Pugliese, RN, BSN, CHPN, “ Compliance with QAPI in the organizations”. The conference will be held at the Sheraton Eatontown Hotel, Eatontown, NJ November 12-13th.



Census
hits
another high!

Home Health is experiencing a yet another growth spike in patient count for this time period. The office can be commended for its efforts and stability. Nurses Dawn Kern RN and Carole Burke RN each completed six educational units after attending a conference offered by Pesi Health Care, entitled Effective Wound Care Strategies. Director of Nursing, Cathy Shane, RN will be speaking to the Warren County College nursing program on the topic of the visiting nurse for home care. This speaking engagement is a prelude to their RN students going out into the field with Hospice nurses. Cathy will be giving them some ideas on what they can expect or what they potentially will encounter. Cathy will also be able to share with them the home care nursing philosophy.



Our clinical Nurse
part of NJHPCO
QAPI faculty.

Mary Pugliese RN, BSN, CHPN, was asked to be part of the faculty for the New Jersey Hospice and Palliative Care In-service Program that was presented on September 10, 2008 in Princeton by the NJHPCO. It was entitled HOSPICE QAPI 101(Quality Assessment and Performance Improvement) and concentrated on providing the materials necessary for all member agencies to comply with the new conditions of participation for Medicare. These new regulations are due to be in place by February 2009. Representing Karen Ann Quinlan Hospice, Pugliese is a standing member of the state Quality Partners Committee. The session gave participants sample policy and procedures, responsibilities for the hospice boards and management teams, and suggested projects to bolster compliance and focused on the QAPI standards for the new Medicare Hospice Conditions of Participation.

Karen Ann Quinlan Memorial Foundation

Governing Board

Julia A. Quinlan, *Chairman*
Mary Ellen Quinlan, *Vice Chairman*
Louis E. Luddecke, *Treasurer*
Louis Ruggiero, *Secretary*
Richard A. Barrow
Ardelle Bigos, MSN
Christopher C. Brown, Esq.
Jodi J. Butler
Kenneth Carter
Paul D. Ferguson
Lucian Fletcher, Jr., MD
William E. Hinke, Esq.
Debra J. Meister
Scott Norton
Richard D. Pompelio, Esq.
John Quinlan
Linda L. Ries, MA, RN, CNA, PH.D
Kevin T. Stroyan
Patricia A. Sweeney
Edward M. Tirpack, DMD, MAGD
Judith F. Wiegand

Charitable Foundation Board

Julia A. Quinlan, *Chairman*
Domenick Ruggiero, *Treasurer*
Robert Vandenberg, *Secretary*
Robert B. Charlton, CPA
John Quinlan
Terry H. Thompson
David Weaver, Esq.

Ethics Committee

Louis Criscuoli, Esq.
Nancy Curry
Dr. John Nagel
Robert J. Romano, Jr., Esq.

Professional Advisory Committee

Flora Aaroe
Ardelle Bigos, MSN
Nancy Curry
Lucian Fletcher Jr., MD
Mark Gallagher
Reverend Ernest Kosa
Terry Mahal, RN
John Nagel, MD

Medical Directors

Bohdan E. Halibey, MD
Brian Newman, MD, F.A.C.S.
Cynthia Starr, MD



Annual Lights of Life
Memorial Tree
Lightings 7:00 PM

Warren County, NJ-December 1
Wayne DuMont, Jr. Ad Min Bldg.
165 County Rte, 519 South,
Belvidere.

Sussex County, NJ-December 2
Freeholder's Meeting Room, Sus-
sex County Administrative Cen-
ter, One Cochran Plaza, Newton.

Pike County, PA -December 3
The Church of the Good Shep-
herd 5th & Catharine Streets, Mil-
ford.

News from our Milford Hospice Office

The new Milford office has been keeping Nurses Laurel Mason, Carol Cowan, and Barbara Weidner very busy, with patient census rising daily. Keshia, office support, has grown into almost full time there. It is evident that our presence is a very good thing for the community, and they have welcomed us.



L to R, Amanda Sparling, choir member, Lorri Opitz, and her daughter Erin Opitz.

"Wherever you are in Rio, you can always turn and see the outstretched arms of Jesus looking down on you, how wonderful and comforting." Lorri

Trip to South America by Lorri Opitz, Karen Ann Quinlan Hospice Bereavement Counselor-This July, I was fortunate enough to be on a plane flying to South America with my 14 year old daughter, Erin, along with the Children's Chorus of Sussex County. We spent almost a week in

Rio de Janeiro, Brazil and the same amount of time in Buenos Aires, Argentina. Our choir met up with other choirs from around the world, including New Zealand and Canada. They rehearsed music together in two languages and put on numerous concerts in these beautiful cities! It was an unforgettable experience for me as I

watched my daughter sing in these magnificent and prestigious Cathedrals that were filled with stunning statues and Old World architecture!

During our trip, Classical Movements (the tour company that organized this experience) ran a contest to see who could take the best photo of a monkey. They were seeking a picture for their new ads. It turned out that after all the submissions were reviewed, I had the winning monkey photo! What fun!



While in Rio, we spent some time at Corcovado, which is where the 120 ft. statue of Christ sits on top of a mountain that overlooks the entire city. I saw many prayers being said at the foot of this statue.



Memorial Service Comforts
over 60 attendees.

Guest speakers Rabbi Gerald Catano and Reverend Randy



Diana Sebзда,
Director of Bereavement

Parks delivered powerful reflections to over 60 attendees. The audience was moved to tears by the addition of Laura Entwistle and Steve Iannacone's duet. Flowers were provided by Smith-McCracken Funeral Home and the reception was sponsored by Illiff-Ruggiero. Thank you to the staff and volunteers for their participation.

Next pet loss group – October 20th from 11 to 12:30 p.m. in the Newton office. \$5.00 Pre-registration is required.

For more information on any of these programs, please call
Diana Sebзда at (973)383-0115



L to R, Ginny Jones, John
Drinkard, and Julia Quinlan.

Volunteers attend State Conference-Three of our volunteers participated in this year's conference held at Rutgers in July. The topic focused on Combat Veterans in Hospice Care.

Keynote speakers from around the country spoke to the plight of the war veteran

from World War II through today. The conference cited that 1600 to 1800 veterans die daily, and only 4% are in VA hospitals. Many of our war veterans suffer from their pains and scars, both physical and emotional, the rest of their lives. Some treatments now being applied in addition to traditional medicines were music therapy, REIKI and aromatherapy. War Veterans present were honored with special pins in recognition of their contribution to our country.

Non-Profit Organization
US Postage Paid
Auto
Permit No. 124
Newton, NJ



*Ask for us by name,
there is a difference.*

HOSPICE
BEREAVEMENT
HOME HEALTH

If you wish to be removed from the Karen Ann Quinlan Memorial Foundation/Care Connections Mailing List please call (973)383-0115.



2008 Harley Davidson 105th Anniversary Fat Boy in Copper and Black (valued at \$18,615)
Tickets are \$20.00, with only 2,000 chances sold.
Call 973-383-0115 or visit www.karenannquinlanhospice.org and download mail in form.
 Proceeds to Benefit Karen Ann Quinlan Hospice. Sponsored by The Friends of Hospice

Dental Day to Benefit Hospice

Sponsored for the 15th year by Dr. Edward Tirpack of

Sparta Dental Design
 16 Lafayette Rd. Sparta, NJ

Any Appointment Scheduled for that day Helps to Help Hospice.

Existing and new patients welcome.

Come join the fun with refreshments and give a ways, while at the same time Dr. Tirpack and staff will make sure your smile stays *beautiful and healthy*.

Call today for your appointment! **973-729-2113**



Dr. Edward Tirpack and his Staff donate their time and all fees earned that day back to Hospice.