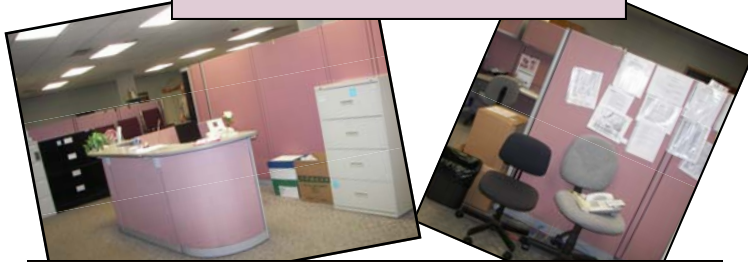


**CARE
CONNECTIONS**

See What's New!

Our administrative Hospice office at 99 Sparta Ave, Newton underwent a major transformation. "The look is clean, new, and classy" cheered Nadine Balint, Finance Manager.

Good bye to the pink.....



In with the New!



Shared workspace for a week

And the wonderful results!

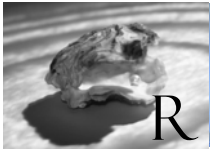


Thank you!

In recognition of the first annual National Healthcare Decisions Day, the marketing Department prepared and distributed living will packets. The portfolios contained general information as to why a living will or an advance directive is so important, for any age. In addition there were directions and advance directive forms ready to be prepared. They also contained information from the county surrogate's office, the National Hospice organization, including various helpful websites and access telephone numbers. The packets were given out in both the Newton and Phillipsburg locations, various seminars, and to hospice families. They are available upon request. Please just ask Linda King at the Newton front desk for more information.



WATERWHEEL FARM, FREDON
\$35.00 pp. Proceeds to benefit Karen Ann Quinlan Hospice. For ticket information visit website or call (973)383-0115



REFLECTIONS



By: Cecelia Clayton, MPH

The hills are alive... with the signs of garage sales! 'Tis the season of trash and treasures, of creative bargaining and re-organization. This is a somewhat unique suburban custom although there are similar events in the urban areas: instead of a garage it is often the trunk of a car...tends to be very moveable and buyer should be very wary! What is interesting about this custom is that it pointedly shows the concept of "perception." Truly, one person's trash is another's treasure, treasure that is excitedly found, purchased and brought into another home to be used – recycling at its best.

Perception: what one person sees versus what another person sees – or even what the same person sees at a different time! On one of those wonderful days when all is right with the world around us there is nothing that we perceive as negative. All sorts of actions, comments, etc will be graciously excused, nothing will ruin our day. Cut off in traffic? Not a problem, they must have an emergency; snub from a co-worker or the boss? Surely they have weighty issues on their minds; children/spouse/parent grouchy? They must not have gotten a good night's sleep. When the sun is shining on our world our perceptions are rosy...but when the clouds hover above us, when the worries are ours, when we are tired, fearful, feeling alone, well, the rose is gone and only the thorns are left. The snub, the traffic, the grouches are all OUT TO GET US!! And we react in kind. Instead of seeing the treasure of life, we begin to live with the trash of negativity and hurt all around us. No one will come near us to buy any of what we are selling! And if someone does approach, chances are the bargaining will become an argument, the "goods" are destroyed and no one wins.

Is it possible to stay rosy all the time? Probably not. Do we stay in the thorns all the time? Certainly hope not. How does one "turn it around?" The answer to that question is unique to the individual. Some turn with-in and mull it over, examining their inner perceptions; others go to another to talk it over. Most important is the fact that perceptions do change and that is the key to getting ourselves out of the mindset that things will ALWAYS be as they are.

A rainy day is a wonderful thing when all that is on the agenda are inside chores or a good book. A rainy day is not such a wonderful thing when the picnic basket is loaded and the beach umbrella is packed. Those items being sold in the garage sale were, in the beginning, treasures that were...well...treasured. They are now reborn as treasures to the buyer. There are all sorts of comings and goings in our life, ups, downs, ins and outs – and we need to find the constants that will help us keep it all in perspective – they are usually called "friend" and they can be found standing out in the rain with us.



2008 Harley Davidson 105th Anniversary Fat Boy in Copper and Black (valued at \$18,615) is on display throughout the year at Tramontin Harley-Davidson in Hope, NJ.

Tickets are \$20.00, with only 2,000 chances sold.

Call 973-383-0115 or visit www.karenannquinlanhospice.org and download form to mail in.



Proceeds to Benefit Karen Ann Quinlan Hospice. Sponsored by The Friends of Hospice



Next class now forming for Warren County 9/22-10/03



Karen Ann Quinlan Memorial Foundation provided a two week New Jersey Certified Home Health Aide Training Course and graduated 12 students on April 18th. The training took place at the

Karen Ann Quinlan Hospice office and also at the new clinical nursing classrooms at Sussex County Community College. The students shown here are getting training under the Karen Ann Quinlan Hospice Clinical Care Coordinator Mary Pugliese, RN, BSN, CHPN. For the next class, call Mary at (973)383-0115.



*Thank you
Smith-McCracken Funeral Home
for your continued support.*



These Butterflies found a new home at the Karen Ann Quinlan Butterfly Celebration held at the Lakeland Pavilion on the grounds of Sussex County Community College, June 7th.

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Letter from a board member:

Iliff-Ruggiero Funeral Home
156 Main St., Newton, NJ 07860

Smith-Taylor-Ruggiero Funeral Home
1 Baker Ave., Dover, NJ 07801

Dear Friends,

To our Hospice Nurses in observance of Nurse Appreciation Week, I just wanted to take this opportunity on behalf of our firm and family to thank you all for the tremendous job you are all doing for our families. I always make it a habit to ask each family at our arrangement meeting, "How was your Hospice experience"? I always hear consistently the same comments from the families: "Wonderful", "fantastic", "They are like Angels".

You all make a profound and meaningful impact on the family and most importantly the patient. A company is a company, but it is the people who give the organization its heart and spirit, great job. People like us serving as we do during life's greatest tragedies recognize the bitter sweet that all of life holds for each of us everyday. Death takes many things from us, but we all refuse to allow it to take the dignity from our patients.

We are very proud of all your efforts; please know that what you do is so much more than a job. We would like you to enjoy these chocolates with the people who make your life worth living.

God Bless.
Sincerely I Remain,
Louis R. Ruggiero



New Director of Nursing appointed.

Cathy is a Registered Nurse with a Bachelor's Degree of Science in Nursing. She received her BSN from Felician College, Lodi, NJ, graduating in 1998 Magna cum laude.

She came to us in February 2006. Prior to Hospice, she was with the Passaic County Technical Institute as a theory and clinical instructor, and Saint Clare's Health System, Denville, NJ as a Patient Care Manger, Nursing Supervisor, and Clinical Resource Management Specialist. Cathy is a certified Home Health aide instructor and is also a member of the Nursing Advisory Board at the County College of Morris. Karen Ann Quinlan Hospice and Home Health Care welcomes her skills and expertise.



Cathy Shane, RN, BSN
Director of Nursing



New support group in Hackettstown

Coping With Loss Bereavement Support Group now in

Hackettstown meets the third Tuesday of every month from 10 to 11:30 a.m. at the Joseph T. Quinlan Bereavement Center, 214 Washington Street, Hackettstown.

Next Pet Loss Support Group will meet at the Newton office on August 18, 2008 from 11:00 a.m. to 12:30 p.m. Pre-registration is required. The annual Sussex County Memorial Service will be held September 15, 2008, 7:30 p.m. at Presbyterian Church of Newton. This service is offered courtesy of Karen Ann Quinlan Hospice and the Joseph T. Quinlan Bereavement center and is open to all who have lost a loved one.



For more information on any of these programs, please call Diana Sebzda at (973)383-0115 or e-mail her at bereavement@karenannquinlanhospice.org.

SCARC Guardianship Services, Inc. presented to:

Karen Ann Quinlan Hospice
The 2008
"Our Friend in the Community Award"

Julia Quinlan, Beth Sylvester, and Cecelia Clayton accepted the award on behalf of Hospice at The SCARC awards dinner, June 13th at The Lafayette House, Lafayette, NJ.

Congratulations for "bridging the gap" and for the Professional and Compassionate Guidance.

**Karen Ann
Quinlan**
Memorial Foundation
99 Sparta Avenue, Newton, NJ 07860

Non-Profit Organization
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*Ask for us by name,
there is a difference.*



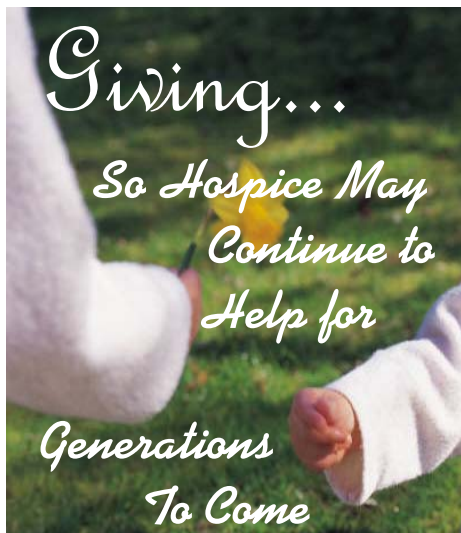
**HOSPICE
BEREAVEMENT
HOME HEALTH CARE**

*Your Home,
Our Heart since 1980*

If you wish to be removed from the Karen Ann Quinlan Memorial Foundation/Care Connections Mailing List please call (973)383-0115.



**SK PAPER SHRED EVENT TO BENEFIT KAREN ANN QUINLAN HOSPICE
SATURDAY AUGUST 16TH 9-2 PM RAIN OR SHINE.
\$5.00 per 40 lbs. of material. No binders, metal clips, metal file folders etc. Thank you!**



This gift is In Memory of :

Their Name _____

Please notify _____

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My gift \$ _____ Check Enclosed Payable to: Karen Ann Quinlan Memorial Foundation
\$1000. \$500. \$100. Other \$ _____

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____ Please send free information to help with my Estate Planning.

____ I would like to speak with a Hospice Representative to learn more about your services.

**Karen Ann
Quinlan**
Memorial Foundation
99 Sparta Avenue, Newton, NJ 07860