

*CARE*  
CONNECTIONS



A happy New Year.

Grant that I  
May bring no tear to any eye  
When this New Year in time shall end  
Let it be said I've played the friend,  
Have lived and loved and labored here,  
And made of it a happy year.  
~Edgar Guest



Thank You Everyone!



"I will remember you, will you remember me? Don't let your life pass you by, weep not for the memories.." Such are the words of a very popular song by Sarah Mac Lachlan. This need to be remembered, what exactly are we looking for? Is it just that our name will be known to others? Or is it the need to know that our life had meaning and brought meaning to others? Is it that we need to know that we made a difference, and if so, how do we go about preparing to be remembered so that when it is our time we can rest easy and review and be satisfied in our final moments.

The last couple of months many were probably overloaded on things that had to be remembered. Were the gifts ordered, bought? Were the cards written, was everyone included, are all the plans made and finalized, reservations made, checks written, gift certificates bought, mailed, given? Was everything that was hidden found? Then add to the list the "normal" things that had to be done....car inspected, insurance paid, final donations made, bills paid, and oh yes, did anyone remember to pick up the cleaning? And who was supposed to get the dog groomed? Especially around the holidays we try to ensure that everyone is happy so we could feel like we did a "good job" and finally relax and review and hopefully, enjoy the final outcome of all our remembering.

Each day though we have many opportunities to plant a seed of remembering in those whom we touch. We can present our life as a "present": wrapped in the paper of caring, tied with the ribbon of love, with a bow of a smile. The little actions that bring comfort to others: the interest in their life, the concern for their troubles, the wish for a good day, the momentary break to share a word of inspiration, a bit of humor, a special thought. We can remember to do this.

Is it so important that our name be remembered or is it more important that the "feeling" of us is remembered? Our name was given **to** us but we are the creators of the essence **of** us. We make the choice of whether to add **to** life or take **from** life. Such are the ways *of the times of our life*, and such *is the way of our lifetimes*...we will remember those who tried so hard to do the "good job" – and because we will remember we will try to do the same....and the world will be filled with those whose names perhaps are not remembered, but whose lives most certainly are.

The winner of the 2007 Harley-Davidson Raffle is Michael Bender of West Milford, NJ  
**CONGRATULATIONS MIKE!**



Ticket sales for the 2008 raffle began on New Year's Day.

This year's featured motorcycle is a 2008 Harley Davidson 105<sup>th</sup> Anniversary Fat Boy in Anniversary Copper and Black (valued at \$18,615) and is on display throughout the year at Tramontin Harley-Davidson in Hope, NJ.

Tickets are \$20.00, with only 2,000 chances sold.

Call 973-383-0115 or visit

[www.karenannquinlanhospice.com](http://www.karenannquinlanhospice.com)



Karen Ann Quinlan Hospice was named a winner of the 2007 Vision Award.



OCS, a leading healthcare information service company, honors and recognizes exceptional efforts of homecare, hospice and private duty providers across the country actively engaged in strategic initiatives to improve quality of care and organizational performance.

"By winning this award it demonstrates that we (Karen Ann Quinlan Hospice and Home Health Care) have made the precise quality initiatives to meet, in advance, the new Medicare standards for Hospice and Home Health that will be mandated in 2008." affirmed Mary Pugliese, Educational Coordinator for Karen Ann Quinlan Hospice. "Each of our departments accepted the challenge and we were able to submit team and individual development and support projects that qualified us", Pugliese said.

"We were astounded by the caliber of this year's entries, representing hundreds of agencies in home health care and hospice. It is evident that our clients continue to leverage the multitude of dynamic information available to them to improve performance." said Amanda Twiss, OCS President. "This year's 2007 Vision Award Winners have clearly demonstrated the value of their organization and their continuous commitment to providing excellent patient care."



Dr. Ed Tirpack and his wife Laura present Julia Quinlan and Friends of Hospice President, Ginny Jones a check in the amount of \$4470.00 from Dental Day '07

Thank you Dr. & Laura Tirpack and the staff of Sparta Dental Design.

L to R, Ginny Jones, Laura Tirpack, Julia Quinlan, and Dr. Edward Tirpack.



### Governing Board

- Julia A. Quinlan, *Chairman*
- Mary Ellen Quinlan, *Vice Chairman*
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- Robert Vandenberg, *Secretary*
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- Dr. John Nagel
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- Nancy Curry
- Lucian Fletcher Jr., MD
- Mark Gallagher
- Reverend Ernest Kosa
- Terry Mahal, RN
- John Nagel, MD

### Medical Directors

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- Brian Newman, MD, F.A.C.S.
- Cynthia Starr, MD

## In Memoriam :

"We pick up many treasures along life's journey. Some we discard, some we cherish, some become gifts of life and comfort for our fellow man. This was the essence of Arlene and Marion's life." As the Karen Ann Quinlan Hospice begins a new year, it is without two of our most treasured board members. Two memorials written with Love, Julia Quinlan.

On October 15, 2007, Dr. Arlene B. Jorgenson died peacefully in her home, surrounded by family and friends. She was well known and respected in Sussex County. Arlene began her career as an elementary school teacher in Frankford Township. Later she served as a junior high school teacher, principal and director of special resources in Sparta. In 1989, Dr. Jorgenson was appointed headmaster of Hilltop Country Day School, a small independent private school. She taught children and adults an appreciation of fine arts and great artists. She helped lay the foundation for the development of Sussex County Community College. She later served as vice president and academic dean of SCCC. In 1987, she was recognized by the NJ Senate and awarded the NJ Senate Citation for outstanding education.



Dr. Arlene B. Jorgenson

Dr. J as family and friends called her became a member of the Karen Ann Quinlan Memorial Foundation Governing Board in 1980. She served as Chairman of the Board, was a member of the Personnel Committee, By-Laws and Nominating committees. Arlene was a most generous and gracious lady. She never hesitated to greet you with a warm embrace and a kiss. Every spring she hosted the volunteer luncheon in her beautiful home. In addition, each December, she hosted the Hospice Holiday Reception. She loved people and enjoyed entertaining and we loved being there. She was a perfect hostess.

I was privileged to sit at her bedside along with family and friends on her final journey home. We talked about her life and shared memories with her daughter, Ashleigh. Her last personal wish was to invite everyone to give one long-stem red rose to someone they love. It was an expression of how she lived her life. Her Memorial service was a celebration of her life. Many happy memories were shared. Her life and her death were filled with love.



On December 19, 2007, Marion Kerr Vitale died unexpectedly. She was raised on the family farm near Marksboro, Warren County, NJ. She returned to this area and established the Department of Social and Health Services in Sussex County. She helped to establish and administer the Visiting Homemakers Service. Marion was a graduate of Paterson General Hospital School of Nursing and the University of PA. She received her Masters Degree from Columbia University, and her preparation in physical therapy at Harvard Medical School, Boston, Mass. In 1954, Marion was one of 66 members chosen to participate in field trials to evaluate the effectiveness of the Salk vaccine in the United States and Canadian Provinces. She was an assistant professor in nursing education at St. John's University in Queens, NY.

In 1978, Marion joined the core group that was formed to study the feasibility of establishing a Hospice in Sussex County. In 1980, she became a charter member of the Karen Ann Quinlan Memorial Foundation Governing Board. She chaired the Personnel Committee, served as secretary to the Executive Committee, served on By-Laws and Nominating committees. About six years ago, Marion had a fall and later suffered a stroke. Although confined to a wheel chair, she continued to attend hospice meetings as often as possible.



Marion Kerr Vitale

In October 2007, my family and I attended her birthday celebration in her home. It was filled with Public Health Nurses, home health aides, family and friends. Marion enjoyed every moment of the day. She enjoyed the simple things in life. Yet she was one of the most intelligent and articulate women I have been privileged to call dear friend. I enjoyed my Friday luncheon visits with her. She spoke often of her life experiences and felt throughout her life she remained a nurse at heart. On Monday, Marion was transferred from the hospital to the nursing home for physical therapy. The following day I visited her and we made plans to have lunch together on Thursday in the family room of the nursing home. My daughter, Mary Ellen was to join us. When I kissed my friend good-bye, I had no idea it would be the last time. Marion died the following day. Death was unexpected. Marion had become a part of our family, sharing many holidays together. Thanksgiving 2007 will hold a special place in my heart.



### Spring Children's Art Therapy

Dates: March 25, April 1, April 8, April 15.  
6 to 8:00 p.m. Hospice Office 99 Sparta Ave.,  
Newton NJ



The Pet Loss Support Group will meet every other month in the Newton office. All groups meet from 11:00 a.m. to 12:30 p.m.

There is a \$5.00 registration fee and pre-registration is required.

February 18, April 21, June 16, August 18, October 20, December 15.

For more information on any of these programs, please call Diana Sebзда at 973-383-0115 or e-mail at bereavement@karenannquinlanhospice.org.

### Spring Grief Series, by Cecelia Clayton, MPH.

#### NEWTON:

4 sessions, 6:30-8:30PM  
March 4, 11, 18, 25

Held at Project Self-Sufficiency Career Center, 61 Spring Street, Newton, NJ  
Call PSS at (973)383-5129 or Hospice at (973)383-0115 for information or to register.  
Sessions are free

#### HACKETTSTOWN:

4 sessions 7-9PM  
April 1, 8, 15, 22

Held at Hackettstown Reg. Medical Center, Hackettstown, NJ.  
Pre-registration required.  
Please call 973-383-0115 to register.  
Sessions are free.

### Lt. Edward Pandiscia and Officer John Bannon presented an award and check to Hospice in the amount of \$1250.00.



These funds were the result

of the Clambake they held on Hospice's behalf in September. Thank you Sussex County Corrections PBA, local 378....It was a terrific event! Clambake 2008 is scheduled for September 6th! Mark your calendars for a great time.



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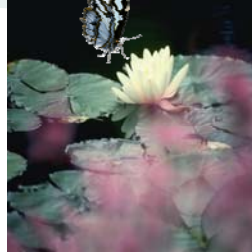
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HOSPICE

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*Your Home,  
Our Heart*



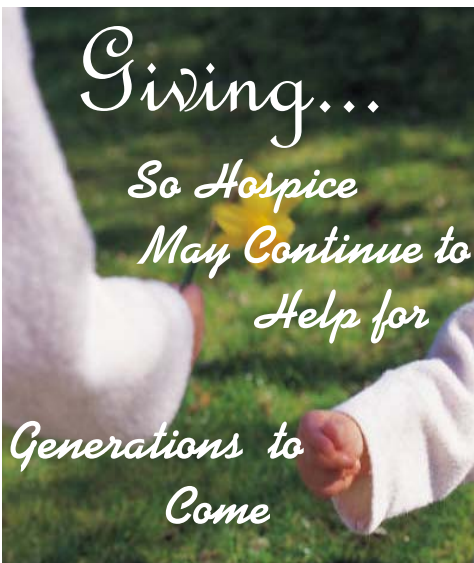
*If you wish to be removed from the Karen Ann Quinlan Memorial Foundation/Care Connections Mailing List please call (973)383-0115.*

Friends of Hospice Invite you to

**High Tea for Hospice**



**February 15, 4-6 PM**  
At The Tea Hive, Fredon, NJ  
Donation \$35.00 Per Person  
RSVP to Hospice by 2/8 at 973-383-0115  
Please make checks payable to Friends of Hospice  
99 Sparta Ave., Newton NJ 07860



This gift is In Memory of :

Their Name \_\_\_\_\_

Please notify \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

My gift \$ \_\_\_\_\_ Check Enclosed Payable to: Karen Ann Quinlan Memorial Foundation  
\$1000.    \$500.    \$100.    Other \$ \_\_\_\_\_

You may charge my credit card.

MC Visa Disc CC# \_\_\_\_\_

Name on Card \_\_\_\_\_ Exp date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_ Please send free information to help with my Estate Planning.  
\_\_\_\_ I would like to speak with a Hospice Representative to learn more about your services.