



Present

“Healing in the Classroom”
March 1st and 2nd 2018 • 8:30 a.m. - 4:00 p.m.
Joseph T. Quinlan Bereavement Center
5 Plains Road
Augusta, NJ 07822

Karen Ann Quinlan Hospice and the Joseph T. Quinlan Bereavement Center invite teachers, school counselors, social workers and psychologists to participate in this program designed to help create onsite grief support systems for bereaved students.

*** two-day educational training**
*** technical assistance following the program**

*For Teachers, School Counselors, School Social Workers and Psychologists.
Offering counselors 12 clock hours and certificates of completion
for teachers and social workers.*

The Karen Ann Quinlan Memorial Foundation, in conjunction with the Joseph T. Quinlan Bereavement has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6539. Programs that do not qualify for NBCC credit are clearly identified. The Karen Ann Quinlan Memorial Foundation, in conjunction with the Joseph T. Quinlan Bereavement Center is solely responsible for all aspects of the programs.

Instructors

Director of Bereavement, Diana Sebzda, MA, LPC, FT
Bereavement Counselor, Lorri Opitz, MA
Bereavement Counselor, Tara Reyes, MSW, LCSW
Bereavement Counselor, Nancy L. Moody, M.Ed., LPC, NCC, CT
Bereavement Counselor, Joel Peterson, MSW

Healing in the Classroom Agenda

8:30 AM Arrival – Registration (Day 1) and Sign in (Day 2)

Lunch will be served and workshop will conclude at 4:00 p.m. each day. At this time, we are not able to meet all specific dietary requirements (gluten, dairy, meat, preservative free, etc.), so if you have a specific need, please prepare to bring your own meals during this training. Coffee, tea and water will be available on-site during the training.

Training topics will include: recognizing grief in children and teens; developmental perspectives in grief; normalizing grief; supporting young people as they process their grief; addressing death and loss within the school community; creating/facilitating peer support groups.

The following offers an overview of your training syllabus:

Day 1

- Welcome and Introduction
- General grief education
- Developmental theories for children in grief
- General interventions that the individual teacher/counselor/social worker/psychologist can implement, with particular focus on journaling, music and art
- Experiential – Music

Day 2

- Brief review and opportunity for questions
- Experiential - Art
- Introduction to the components of a support group
- Implementing student support groups
- Experiential – Build a Bouquet, Journaling, Guided Imagery
- Final Q & A Session—Evaluation

Participants will each receive a copy of the book:

“Finding the Words: How to Talk with Children and Teens about Death, Suicide, Funerals, Homicide, Cremation and other End-of-Life Matters”

and

“Healing in the Classroom Workbook”

“Every child you pass in the hall has a story that needs to be heard. Maybe you are the one meant to hear it.”

Bethany Hill

Meet Our Instructors

Diana Sebzda, MA, LPC, FT

Diana is the Director of Bereavement for Karen Ann Quinlan Hospice and the Joseph T. Quinlan Bereavement Center. She received her Masters Degree in Applied Clinical Psychology and is a Fellow of Thanatology. She is a New Jersey Licensed Professional Counselor and is a member of the Association for Death Education & Counseling. In assisting grieving children to understand and to process their emotions, Diana employs a variety of methods such as journaling, play, music and art. Diana is a featured speaker whose topics include “Grief Response in Children” and “Suicide Survivors.”

Lorri Opitz, MA

Lorri is a Bereavement Counselor for Karen Ann Quinlan Hospice and the Joseph T. Quinlan Bereavement Center. She received her Masters Degree in Counseling. The counseling and support that she offers to bereaved children extends to the school community, where she facilitates grief support groups. Lorri frequently offers presentations, which include “Healing Use of Rituals” and “Loss of a Child”.

Tara Reyes, MSW, LCSW

Tara is a Bereavement Counselor for Karen Ann Quinlan Hospice and the Joseph T. Quinlan Bereavement Center. She received her Master’s Degree in Social Work and is a Licensed Clinical Social Worker for the state of New Jersey. She is a member of the National Association of Social Workers and the Association for Death Education & Counseling. Tara uses a variety of art and play methods while working with bereaved children.

Nancy L. Moody, M.Ed, LPC, NCC, CT

Nancy is a Bereavement Counselor for Karen Ann Quinlan Hospice and the Joseph T. Quinlan Bereavement Center. She received her Master’s Degree in School Counseling and is a National Certified Counselor. She is a New Jersey Licensed Professional Counselor, certified hospice volunteer, and is a member of the American Academy of Bereavement and the Association for Death Education and Counseling. Her public education experience facilitating bereavement groups and counseling individual children brought her to the Bereavement Center, where she continues her work in Bereavement.

Joel Peterson, MSW

Joel is a graduate student at Rutgers University School of Social Work, with a focus in clinical social work. He is a student intern counselor for Karen Ann Quinlan Hospice and the Joseph T. Quinlan Bereavement Center.

Program Registration Form

“Healing in the Classroom”

Thursday, March 1st and Friday, March 2nd —8:30 to 4:00

Joseph T. Quinlan Bereavement Center

5 Plains Road, Augusta, NJ 07822

Name: _____

School: _____

Address: _____ **Town:** _____ **Zip:** _____

Position: Teacher _____ School Counselor _____ Psychologist _____ Social Worker _____

Day Phone: _____ **Cell Phone (optional) :** _____

Email: _____

Registration Fee: \$200 per participant

Master Card _____ Visa _____ Discover _____ 3 Digit Security Code _____

Card Number: _____ **Expiration Date** _____

Name on Card _____

Address _____ **Town** _____ **Zip** _____

Questions? Please call Diana 973-948-2282.

Seating is limited. Please return completed registration form with payment to:

Joseph T. Quinlan Bereavement Center

5 Plains Road

Augusta, NJ 07822

Attn: Diana Sebzda