Butterfly Release Celebration 2010

Every year butterflies are set free in a gentle setting with multitudes of onlookers. Their beauty is always a source of amazement for children and adults. The Karen Ann Quinlan Butterfly Release Celebration holds special meaning to attendees as it symbolizes the recognition of a loved one. When the guest readers say the name of loved ones, there is a silent sigh with each one read.

Butterflies can be seen at:

June 26th
11:00 am Karen Nash Memorial Butterfly Garden
Memorial Elementary School, Washington, NJ

4:00 pm Memorial Park, Milford, PA

June 27th  2:00 pm
Sussex County Community College pavilion,
Newton, NJ

Smith McCracken Funeral Home is the sponsor of the annual Butterfly Release Celebration. Their continued support over the years has made event one of the largest! THANK YOU!

Visit our website for Butterfly order form, or call 800-882-1117 for more information.

Julia Quinlan was presented with a finalist award in the inaugural NJBIZ Non-Profit Innovation Awards at a breakfast held on February 9th in Somerset, NJ. The award was created to recognize non-profit leaders who have cultivated enduring relationships with the community. By pouring their energies into cutting edge programs that serve as a model for other organizations, these leaders showed resourcefulness in their efforts.

Julia Quinlan (L) receiving finalist award presented by Margie Piliere from NJEDA and Alan Sobel from Sobel & Co.,
When one thinks of ways that could be used by all of us to make the world a kinder, gentler place the concepts of loving, being attentive, generous, readily come to mind and all are completely valid and needed. Lately however, I have been considering that if there was ONE thing that we all should do on a regular basis, I in particular, that would help make lives a bit better, it would have to be…have more patience. Maybe it is the fact that we have had a long, rough winter, or maybe just spring fever, or just me being a bit more observant but it seems that there is very little patience around. So, to “sell” the idea I thought I would present my version of late night TV’s “Top Ten” – as in “The Top Ten Situations to Show Patience, People to be Patient With and Reasons to be More Patient.” But since I’m a novice at this and still impatient to get things done quickly…here are five!

Reason #5: Getting impatient doesn’t make anything work faster or better. Hitting the keys on the computer won’t make it come on quicker; talking to the computer doesn’t make it connect to the internet if the network isn’t “up.” You know that adage “a watched pot never boils?” Well, a “beat up” computer will most likely readily boil…as in “crash” which leads us to the next reason...

Reason #4: Getting impatient doesn’t make anyone work faster or better: it takes time and sometimes more time than we think, to get things fixed or repaired. Getting ourselves into a frenzy because the construction is taking longer than we thought, or the repairs aren’t done immediately, or the parts are on backorder, or the shop is closed, doesn’t change a thing. It is what it is. So, we have to adapt, which is not such a bad thing because science has proven that when we are forced to adapt we change the way our brain works and actually make it better (the brain, not necessarily the situation).

Reason #3: You need to slow down!!! Going 10 miles over the speed limit will get you there NOT MUCH QUICKER! But it will open the door to the possibility of an accident – and ruins your gas mileage. Running back and forth to find the shortest line at checkout in the supermarket only burns a couple of calories and almost guarantees that you will find the slowest line (and your ice cream will melt). Plus if you “park it” on one line no matter how long it takes you will have plenty of time to read all the headlines on the magazines that you would NEVER buy (or admit to buying anyway).

Reason #2: You do not know everything!!! And they don’t know what you are talking about! This is directed mostly towards little children but it could apply to our spouses, teens, tweens, elders, or significant relationships. All of the above don’t live in your mind, many times what you are saying isn’t what they hear or what you meant, and little kids especially want to do their own thing and are trying to figure out how it all works by trying just about everything. So, pick your battles – if it isn’t dangerous, illegal, immoral, unethical, try to put it in perspective and have some patience - life is a growing experience if we allow ourselves and others the chance to do it (grow and experience that is!)

And…Reason #1: BECAUSE YOU WILL NEED OTHERS TO BE PATIENT WITH YOU ONE DAY!!! The fact is that if we live long enough, if we are active enough, if we are at all involved with others, we will, are, were, a source of frustration, angst, anger, impatience, to others. We are/will be the ones who; forget where we put things, forget where we are supposed to be, take too long to finish a sentence, break things, miss appointments etc. We are/will be the ones who will need another person’s help. We are/will be the one who moves more slowly, are cranky and crotchety. We are/will be the ones who don’t understand all the changes in the world, and ask why we can’t just have it the way it “always was.” We are/will be the ones who are dependent, who can’t do what we were once able to do but aren’t quite ready to admit it. And, at that time, we will hope that by our example of patience, by our teaching through our life, that those whom we depend on will find it within themselves to be as patient as possible with us.
Hospice welcomes Development Director Glenn R. Lewis

Mr. Lewis is well known in the area having served as the Public Affairs Manager with Embarq and its predecessor companies since 1987. He brings to Karen Ann Quinlan Memorial Foundation his community leadership, excellent business and customer relationship skills, as well a varied background with many associations including United Way, American Red Cross, March of Dimes, YMCA, Chambers of Commerce, Economic Development Partnerships, New Jersey Business and Industry Association, New Jersey Utilities Association, NJ SEED, and Sussex County Arts & Heritage. He also served as a certified telecommunication lobbyist at the state and federal level with extensive lobbying in Washington DC. “We at Hospice are very excited to have Glenn join our team and using his wealth of knowledge to assist in furthering the Karen Ann Quinlan Hospice cause and its value to the community” cited Cecelia Clayton, Executive Director of Karen Ann Quinlan Hospice.

As Development Director, Lewis will work towards the enhancement of the foundation by cultivating corporate, individual, and planned giving programs. He will also continue to be active in the community through his participation and partaking of area functions and boards. Lewis stated “I am very happy to have the opportunity to be part of such a worthwhile organization, the Karen Ann Quinlan story is one which everyone should become familiar.” Lewis continued “I am also looking forward to working directly with Julia Quinlan, whose daughter is the organization’s namesake, and to focus on the future growth of Karen Ann Quinlan Hospice.” Lewis has a BA in English Education from Kean University and lives in Sparta with his wife Maureen.

New Finance Manager joins Karen Ann Quinlan Hospice

Karen Ann Quinlan Hospice is pleased to announce the addition of Alan Martin as their Finance Manager who will oversee the financial accounting for all operations of the Karen Ann Quinlan Memorial Foundation, including hospice, home health care, and bereavement. Martin has served as CFO and Senior Vice-President of Accounting and Finance in the banking industry for over 35 years. “I have lived in the area since 1979 and am very pleased to have this opportunity to now work in my community, especially for such a meaningful organization as the hospice.” stated Martin.

“Martin has an MBA in finance from Fairleigh Dickenson University and brings experience in financial, operational, and management as well as strategic leadership in all aspects of accounting and administrative functions. “I feel very fortunate to have someone with the financial skills that Alan conveys join our staff here at the administrative offices of Hospice.” cited Cecelia Clayton, Executive Director of Karen Ann Quinlan Hospice. Martin also serves as Chairman of the Hampton Township Open Space Committee and also lives in Hampton Township with his wife Gail.

Visit our website for more info: www.karenannquinlanhospice.org
So you think you are a quality hospice and home care service organization?
Well, prove it!

Once thought difficult to darn near impossible, proving quality is now measurable and may be tracked. All of the necessary components have been embraced as an integral part of the QAPI (Quality Assessment/Performance Improvement) program. In order to teach the staff how research works, the QAPI Committee has initiated a very simple and fun way to learn the basics of evidenced-based clinical practice through the use of valid research.

We will be holding our own research project during April 2010 throughout the Karen Ann Quinlan Foundation. It is the goal of the committee to allow all staff to participate in the research, learn how to gather data and gain an appreciation of the value of good research as a way to “prove” to our families that we are good to our word. “Looking forward to an energizing experience for all.” - Mary Pugliese RN, BSN, CHPN, QAPI Manager

NOW OFFERING APPROVED PROFESSIONAL CONTACT HOURS.
Our Education Department has made available state approved contact hours and are offering them for nursing and social services staff. As a public outreach service they will take their programs free of charge to area hospitals, nursing homes, and related businesses.

Their current topic offerings include:
Advance Directives * Compassion Fatigue * Hospice in the nursing facilities
More topics will be offered as they are approved by the state. For more information or to schedule a session please contact:
Beth Sylvester, RN Nurse Liaison or Mary Pugliese, RN, Educational Manager at 973-383-0115 or email: clinical@karenannquinlanhospice.org

Karen Ann Quinlan Home Health Care has joined The Home Health Quality Improvement (HHQI) National Campaign
The HHQI is a grassroots movement designed to unite home health stakeholders and multiple health care settings under the shared vision of reducing avoidable hospitalizations and improving medication management. “What this means for the consumer is that when shopping for health care, people can look for their best local results by visiting this site”. Cathy Shane—Director of Nursing for Karen Ann Quinlan Home Health Care.
The site collects and processes hard data from patient care results based on documented patient feedback from each organization, and then makes an analysis of where that organization does well or is lacking. “For example this type of data would answer the question how comfortable was the patient in comparison to other home health care providers”? “All this is an effort to increase quality of care and then to let the public know” Shane continues.

To learn more about the National Home Health Quality Campaign please visit their website at www.homehealthquality.org

Visit our website for more info: www.karenannquinlanhospice.org
Look for 2010 events on the hospice website...click on Bereavement Services for times and dates of support groups, education, children’s art therapy, pet loss groups, grief series, memorial services and more. The center provides grief support and counseling for hospice families and the community in three locations; Sussex County, NJ at 99 Sparta Ave, Newton, Warren County, NJ at the Joseph T. Quinlan Bereavement Center, 214 Washington St, Hackettstown, and in Pike County, PA at the United Methodist Church, Ann St, Milford.

Knitted items like this are in regular supply thanks to Bernadette Dockray, where knitting is one of her passions. She has been doing this for years and has shipped her sweaters, scarves and blankets to places like Russia, Honduras, Haiti, Indonesia and Pakistan - always anonymously and felt when she is in heaven, she’ll look down and be able to see all the people enjoying her gifts. “If people were capable of helping others in any way that they could, the world would be 100% better.” She continued that each of us has a special talent and when we give of our talents to others, the world can be a better place.

Friends of Hospice announce 2010 Officers

Thank you Friends of Hospice for all your hard work!

Pictured from L to R are Gail Burckes, Secretary, Bea Smith, Treasurer, Lisa O’Harra, President and Jeanette Klemm, Vice-President. With over 20 members, they have provided almost three decades of funding through their efforts. Their annual fundraising events are the Harley Davidson Motorcycle raffle, the Hospice Wine & Cheese, High Tea for Hospice, and Dental Day for Hospice.
If you wish to be removed from the Karen Ann Quinlan Memorial Foundation/Care Connections Mailing List please call (973)383-0115. We apologize for any inconvenience.

Open to the community, interdenominational service.
Light a candle, hear a loved one’s name read
Please call Bereavement to submit names of loved ones to be remembered.
973-383-0115 or 800-882-1117

Memorial Services Three Locations

Warren County: May 17th 7:30 pm
Washington Alliance Church, Washington NJ

Pike County, Pa.: June 21, 7:30 pm
United Methodist Church, Milford, PA.

Sussex County: Sept. 20th, 7:30 pm
The First Presbyterian Church, Newton, NJ

ID Theft Protection
Office Organization
Spring Clean-it-Up and Out!

Shredding for Hospice

7/10, 11/13
9-12 pm
Hospice office
99 Sparta Ave.
Newton, NJ
6.00 p/box (Letter/legal size)

Get ready to ride

Harley-Davidson Raffle
2010 Road King
Valued at $18,524.00

Price: $20.00 a ticket
Only 1,500 Sold!
Drawing Jan 1, 2011

Call 800-882-1117
or visit our website.

Visit our website for more info: www.karenannquinlanhospice.org